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The WPA Congress will be organized the second time in Romania next year, in June. The topic of the 2015th edition is „Primary Care Mental Health: Innovation & Transdisciplinarity”.

The Romanian physician, Eliot Sorel, Professor at George Washington University and Co-chair Scientific Committee of the WPA 2015 Bucharest International Congress will play an active role in the success of the congress.

Prof. Sorel advises all Romanian medics to submit their abstracts in the scientific program until 1st of December, 2014.

Q: You have been actively involved leader of the WPA 2013 Bucharest Congress. What was the feedback of the speakers and participants?

Prof. Eliot Sorel: The 2013th congress was a great success, in which the combination of general medicine, mental health and public health has led to great benefit for medicine, the population and economy. We hope that the 2015th congress will be at least as good.

Q: What does Romania wins from hosting its second WPA International Congress?

Prof. Eliot Sorel: Romania has a whole lot to gain from this endeavor due to building new links with the global community. New found solutions to old health issues are a valuable advantage for the 21st century state, as they greatly enhance the country’s general welfare. This is why, with the help of the OECD, we will explicitly focus on this topic and analyze the economic benefits of health related investments.

Q: The topic of the 2015th edition is „Primary Care Mental Health: Innovation & Transdisciplinarity”. Will there be any new breakthroughs in the domain of psychiatry that will be presented at the congress?

Prof. Eliot Sorel: Transdisciplinarity is essential for the balanced development of health systems and better treatment of comorbidity (diseases that co-exist). This is why we will present health collaboration models that are more efficient, cost less and have better results.

Q: In a previous 2013 interview, you said that some specialists have communication issues that cause weak links in the health system chain. We are in 2014 now, has anything changed?

Prof. Eliot Sorel: A law of transdisciplinarity has been issued in the United States. It has been proposed by the actual president, Obama, and allows for greater financial rewards to those who embrace team work. I think this model should be reviewed and adopted by many other countries due to its proven efficiency.

Q: Can you name some of the congress’ special guests?

Prof. Eliot Sorel: Yes of course. Prof. Michael Kidd, president of the WONCA, will be honoring us with his presence. Also we will be lucky enough to have Prof. Paul Summergrad, who is now president of APA, Prof. Dinesh Bughra, president of WPA, Prof Linda Liam, president of The Hong Kong College of Psychiatrists, Prof. Ahmad Mohit, former director of The Eastern Mediterranean Region of WHO, Prof. David Ndeti from Kenya, Founding Director of Africa Mental Health Foundation and Prof. Fernando Lolas from Chile, who has led the Bioethics Program, Pan American Health Organization (Regional Office of World Health Organization).

Q: Can Romanian physicians participate with abstracts in this congress?

Prof. Eliot Sorel: Absolutely, we encourage submission but I must highlight it should not be made later than 1st of December, 2014.

Q: Why should Romanian psychiatrists participate in WPA 2015 Bucharest International Congress?

Prof. Eliot Sorel: Because the congress offers them a path in the realm of the 21st century medicine. This experience is certain to make them more efficient and more prepared for future challenges.

Q: At WPA 2015, you will present an integrative collaboration paradigm between primary care, psychiatry and public health. What will the model look like?

Prof. Eliot Sorel: The model is quite intuitive. It presumes however that all parts involved are intellectually curious and courageous enough to adopt a new working style. It is very important to know that this model makes an appeal to humans' innovative nature. It is our hope that by collaboration we will enhance the welfare of both patients and physicians.

Q: How had this model worked in America so far?

Prof. Eliot Sorel: This new method of approach has led to great development. A research conducted in London has demonstrated that this field is now more efficient, less costly and that both those that offer services in this manner and those who buy the services are more pleased.